



2010 SEASON



NFC

Draft Kit



A few things to do before the draft and during the draft: **1)** Get a player list. The best way is to go online; there are many good sites out there. Avoid Fantasy Football magazines as they are written and printed too early. You can already cross off players that have been franchised or taken as an expansion picks. By crossing off players as they are taken, it will speed up the draft. **2)** Keep track of the players that you have taken and when their bye weeks are, this way you get the right amount at each position and “good” back-ups. **3)** Be thoughtful of other teams when talking about players. Try not to give too many hints about “sleeper” type picks out loud. Help is ok, but try not to do it loudly. **4)** Bring your league fees or pay on the website. **5)** If you are drafting “online” email this info to Commish@FreedomFootball.com.

2010 NFC FreedomFootball.com Season

Team Name: _____

Franchise/Expansion Player: _____

Phone #: _____

Email Address: _____

Payment: Paid Online Cash at Draft Check at Draft



Important Dates

August 29 th	Draft Day (3 PM - ET)
September 9 th	First NFL game - Lineups are due *THURSDAY NIGHT*
October 30 th	Trading Deadline (before WK#8 kickoff)
November 11 th	Cut Deadline (before WK#10 kickoff)
November 18 th	Last game of the Fantasy Season
November 25 th	Playoffs begin (Thanksgiving Game)
December 16 th	AFC/NFC Championship Games
December 23th	Ubba Bowl (a.k.a Freedom Championship)
January 2 nd	Loser Bowl Royal Rumble final game
January 3 rd	Sign-up for Freedom Playoff Challenge
February 6 th	NFL Super Bowl in Dallas
July 24 th	Commish's Birthday – Oh ya, check FreedomFootball.com for preparations for the 2011 Season

Other things to know:

Commish email: Commish@FreedomFootball.com

Main website: www.FreedomFootball.com*

Commish phone #: 941.623.4499 or 334.221.4390

**Please support us by clicking on the ads on the main website.*



Scoring System

Home team get's 3 points

Regular Scoring Plays

	<i>0-9 yds Points</i>	<i>10-39 yds Points</i>	<i>40+ yds Points</i>
QB pass for TD	6	9	12
QB run for TD	9	12	18
QB catch for TD	12	18	24
RB run for TD	6	9	12
RB catch for TD	9	12	18
RB pass/catch for TD	12	18	24
WR/TE catch for TD	6	9	12
WR/TE pass/run for TD	12	18	24
DEF return for TD	8	11	14
Any player Kick, Punt, fumble return for TD	12	18	24
K pass/run/catch for TD	12	18	24

	<i>1-39 yds</i>	<i>40-49 yds</i>	<i>50+ yds</i>
K Field Goal made	4	8	12
K Field Goal missed	-2	-1	0
K Point after TD made	1 point every PAT (extra point)		
K Point after TD missed	-5 point every PAT (missed)		

	<i>Two Point Conversion</i>
QB pass for conversion	2
RB run for conversion	2
WR/TE catch for conversion	2
QB run/catch for conversion	4
RB pass/catch for conversion	4
WR/TE pass/run for conversion	4
K pass/run/catch for conversion	4

Performance Scoring

QB Pass Yds	1 pnts for every 25 yds
QB Rush/Rec Yds	1 pnt for every 10 yds
QB Interception	-2 pnts for every INT
RB Rush Yds	1 pnt for every 10 Yds
RB Pass/Rec Yds	1 pnt for every 10 yds
WR/TE Rec Yds	1 pnt for every 10 Yds
WR/TE Pass/Rush Yds	1 pnt for every 10 yds
RB/WR/TE Return Yds	1 pnt for every 25 Yds

Bonus Scoring

QB Pass Yds	5 pnts for reaching 300 Yds
RB Rush Yds	5 pnts for reaching 100 Yds
RB Rec	1 pnt for every 1 receptions
WR/TE Rec	1 pnt for every 1 receptions
WR/TE Rec Yds	5 pnts for reaching 100 Yds

QB Pass Completion %	<i>From</i>	<i>To</i>	<i>Pnts</i>
	50.0%	54.9%	2
	55.0%	59.9%	4
	60.0%	64.9%	6
	65.0%	69.9%	8
	70.0%	74.9%	10
	75.0%	100%	15

RB Avg per Run			
	4.0	4.4	2
	4.5	4.9	4
	5.0	5.4	6
	5.5	5.9	8
	6.0	6.4	10
	6.5	6.9	12
	7.0	+	15

WR/TE Avg per Rec	10.0	14.9	2
	15.0	19.9	4
	20.0	24.9	6
	25.0	29.9	8
	30.0	34.9	10
	35.0	+	15

Defensive Scoring

DT Return for TD	*See "Regular Scoring Plays"
DT Safety	4 points every safety
DT Interception	2 points every interception
DT Fumble recovery	2 points every recovery
DT Sacks	2 points every sack

Defensive Bonus Scoring

DT Total Yds Allowed	From	To	Pnts
	0	100	25
	101	150	15
	151	200	10
	201	250	8
	251	300	6
	301	350	4
	351	400	2
	401	+	0

DT Total Pnts Allowed (only points your DEF gives up)	From	To	Pnts
for ex.- QB throw INT for TD, points don't count	0	0	15
	1	6	10
	7	13	8
	14	20	6
	21	27	4
	28	34	2
	35	+	0



NFC Team Sheet

2010 SEASON

Team Name: _____

Franchise/Expansion Player: _____

Draft

QB- 2 RB- 3 WR/TE- 4 Flx-1 K- 2 DEF- 2

Start *(RB, WR or TE)*

QB- 1 RB- 1 WR/TE- 2 Flx-1 K- 1 DEF- 1

(Keep in mind when your starters and backup player's bye weeks are)

QB1- _____ bye _____

QB2- _____ bye _____

RB1- _____ bye _____

RB2- _____ bye _____

RB3- _____ bye _____

W/T1- _____ bye _____

W/T2- _____ bye _____

W/T3- _____ bye _____

W/T4- _____ bye _____

Flex1- _____ bye _____

K1- _____ bye _____

K1- _____ bye _____

DEF- _____ bye _____

DEF- _____ bye _____



NFC Draft Day

Team	Franchise Player
Pizza Guy	Cedric Benson (4th)
Elli's Entourage	Pierre Garcon (5th)
2rings Trout	Ryan Grant (3rd)
Adam Bomb	Calvin Johnson (3rd)
Alcatraz Convicts	DeAngelo Williams (3rd)
Snake Plissken	Ray Rice (1st)
JC Fam	Adrian Peterson (1st)
Booty Burgh	Rashard Mendenhall (4th)
Smoothie Kidd	Chris Johnson (1st)
Chief's Special	Joseph Addai (3rd)
Florida Chumps	Steven Jackson (3rd)
Crack Ticks	Tom Brady (1st)
Nester Lives	Michael Turner (4th)
Chum Bucket	Shonn Green (8th)
Cosmic Head	Drew Brees (1st)
Mighty Rams	Steve Smith – CAR (3rd)

Round 1		
1.	Pizza Guy	
2.	Elli's Entourage	
3.	2rings Trout	
4.	Adam Bomb	
5.	Alcatraz Convicts	
6.	Snake Plissken	Ray Rice (F)
7.	JC Fam	Adrian Peterson (F)
8.	Booty Burgh	
9.	Smoothie Kidd	Chirs Johnson (F)
10.	Chief's Special	
11.	Florida Chumps	
12.	Crack Ticks	Tom Brady (F)
13.	Nester Lives	
14.	Chum Bucket	
15.	Cosmic Head	Drew Brees (F)
16.	Mighty Rams	

Round 2		
17.	Pizza Guy	
18.	Elli's Entourage	
19.	2rings Trout	
20.	Adam Bomb	
21.	Alcatraz Convicts	
22.	Snake Plissken	
23.	JC Fam	
24.	Booty Burgh	
25.	Smoothie Kidd	
26.	Chief's Special	
27.	Florida Chumps	
28.	Crack Ticks	
29.	Nester Lives	
30.	Chum Bucket	
31.	Cosmic Head	
32.	Mighty Rams	

Round 3		
33.	Pizza Guy	
34.	Elli's Entourage	
35.	2rings Trout	Ryan Grant (F)
36.	Adam Bomb	Calvin Johnson (F)
37.	Alcatraz Convicts	DeAngelo Williams (F)
38.	Snake Plissken	
39.	JC Fam	
40.	Booty Burgh	
41.	Smoothie Kidd	
42.	Chief's Special	Joseph Addai (F)
43.	Florida Chumps	Steven Jackson (F)
44.	Crack Ticks	
45.	Nester Lives	
46.	Chum Bucket	
47.	Cosmic Head	
48.	Mighty Rams	Steve Smith – CAR (F)

Round 4		
49.	Pizza Guy	Cedric Benson (F)
50.	Elli's Entourage	
51.	2rings Trout	
52.	Adam Bomb	
53.	Alcatraz Convicts	
54.	Snake Plissken	
55.	JC Fam	
56.	Booty Burgh	Rashard Mendenhall (F)
57.	Smoothie Kidd	
58.	Chief's Special	
59.	Florida Chumps	
60.	Crack Ticks	
61.	Nester Lives	Michael Turner (F)
62.	Chum Bucket	
63.	Cosmic Head	
64.	Mighty Rams	

Round 5		
65.	Pizza Guy	
66.	Elli's Entourage	Pierre Garcon (F)
67.	2rings Trout	
68.	Adam Bomb	
69.	Alcatraz Convicts	
70.	Snake Plissken	
71.	JC Fam	
72.	Booty Burgh	
73.	Smoothie Kidd	
74.	Chief's Special	
75.	Florida Chumps	
76.	Crack Ticks	
77.	Nester Lives	
78.	Chum Bucket	
79.	Cosmic Head	
80.	Mighty Rams	

Round 6		
81.	Pizza Guy	
82.	Elli's Entourage	
83.	2rings Trout	
84.	Adam Bomb	
85.	Alcatraz Convicts	
86.	Snake Plissken	
87.	JC Fam	
88.	Booty Burgh	
89.	Smoothie Kidd	
90.	Chief's Special	
91.	Florida Chumps	
92.	Crack Ticks	
93.	Nester Lives	
94.	Chum Bucket	
95.	Cosmic Head	
96.	Mighty Rams	

Round 7		
97.	Pizza Guy	
98.	Elli's Entourage	
99.	2rings Trout	
100.	Adam Bomb	
101.	Alcatraz Convicts	
102.	Snake Plissken	
103.	JC Fam	
104.	Booty Burgh	
105.	Smoothie Kidd	
106.	Chief's Special	
107.	Florida Chumps	
108.	Crack Ticks	
109.	Nester Lives	
110.	Chum Bucket	
111.	Cosmic Head	
112.	Mighty Rams	

Round 8		
113.	Pizza Guy	
114.	Elli's Entourage	
115.	2rings Trout	
116.	Adam Bomb	
117.	Alcatraz Convicts	
118.	Snake Plissken	
119.	JC Fam	
120.	Booty Burgh	
121.	Smoothie Kidd	
122.	Chief's Special	
123.	Florida Chumps	
124.	Crack Ticks	
125.	Nester Lives	
126.	Chum Bucket	Shonn Green (F)
127.	Cosmic Head	
128.	Mighty Rams	

Round 9		
129.	Pizza Guy	
130.	Elli's Entourage	
131.	2rings Trout	
132.	Adam Bomb	
133.	Alcatraz Convicts	
134.	Snake Plissken	
135.	JC Fam	
136.	Booty Burgh	
137.	Smoothie Kidd	
138.	Chief's Special	
139.	Florida Chumps	
140.	Crack Ticks	
141.	Nester Lives	
142.	Chum Bucket	
143.	Cosmic Head	
144.	Mighty Rams	

Round 10		
145.	Pizza Guy	
146.	Elli's Entourage	
147.	2rings Trout	
148.	Adam Bomb	
149.	Alcatraz Convicts	
150.	Snake Plissken	
151.	JC Fam	
152.	Booty Burgh	
153.	Smoothie Kidd	
154.	Chief's Special	
155.	Florida Chumps	
156.	Crack Ticks	
157.	Nester Lives	
158.	Chum Bucket	
159.	Cosmic Head	
160.	Mighty Rams	

Round 11		
161.	Pizza Guy	
162.	Elli's Entourage	
163.	2rings Trout	
164.	Adam Bomb	
165.	Alcatraz Convicts	
166.	Snake Plissken	
167.	JC Fam	
168.	Booty Burgh	
169.	Smoothie Kidd	
170.	Chief's Special	
171.	Florida Chumps	
172.	Crack Ticks	
173.	Nester Lives	
174.	Chum Bucket	
175.	Cosmic Head	
176.	Mighty Rams	

Round 12		
177.	Pizza Guy	
178.	Elli's Entourage	
179.	2rings Trout	
180.	Adam Bomb	
181.	Alcatraz Convicts	
182.	Snake Plissken	
183.	JC Fam	
184.	Booty Burgh	
185.	Smoothie Kidd	
186.	Chief's Special	
187.	Florida Chumps	
188.	Crack Ticks	
189.	Nester Lives	
190.	Chum Bucket	
191.	Cosmic Head	
192.	Mighty Rams	

Round 13		
193.	Pizza Guy	
194.	Elli's Entourage	
195.	2rings Trout	
196.	Adam Bomb	
197.	Alcatraz Convicts	
198.	Snake Plissken	
199.	JC Fam	
200.	Booty Burgh	
201.	Smoothie Kidd	
202.	Chief's Special	
203.	Florida Chumps	
204.	Crack Ticks	
205.	Nester Lives	
206.	Chum Bucket	
207.	Cosmic Head	
208.	Mighty Rams	

Round 14

209.	Pizza Guy	
210.	Elli's Entourage	
211.	2rings Trout	
212.	Adam Bomb	
213.	Alcatraz Convicts	
214.	Snake Plissken	
215.	JC Fam	
216.	Booty Burgh	
217.	Smoothie Kidd	
218.	Chief's Special	
219.	Florida Chumps	
220.	Crack Ticks	
221.	Nester Lives	
222.	Chum Bucket	
223.	Cosmic Head	
224.	Mighty Rams	